

Who WRAP Specifically Serves

Anyone who identifies themselves as someone who has experience abuse (physical, mental and/or emotional) by:

- spouse or former spouse;
- persons involved in a significant romantic or sexual relationship;
- persons living together or who have lived together in the past;
- persons who have or had a child in common (born or in utero) regardless of whether they were living together or ever married.

**All Services are
Free & Confidential**



WRAP

Office Locations & Contact Information

Lincoln/Lyon County

**Physical & Mailing address:*

700 North 7th St., PO Box 1193
Marshall, MN 56258

507-532-2350 24/7 crisis * 507-532-9532 bus
lincoln@letswrap.com * lyon@letswrap.com

Redwood County

**Physical address:* 615 S. Mill St.

Redwood Falls, MN 56283

**Mailing:* P.O. Box 1193

Marshall, MN 56258-0993

507-637-3040 24/7 crisis
redwood@letswrap.com

Yellow Medicine County

**Physical & Mailing address:*

MN West Campus, 1593 11th Ave.,
Suite 260, Granite Falls, MN 56241

320-564-2422 24/7 crisis

yellowmedpt@letswrap.com

**24-Hour Toll Free
Crisis Line:
1-800-639-2350**

Visit our website at:
www.letswrap.com

**Women’s
Rural
Advocacy
Programs, Inc.**



Serving all those
affected by
Domestic Violence in
Lincoln, Lyon, Redwood
& Yellow Medicine
Counties.

All are welcome here

No matter the gender, race,
economic status, sexual
preference, or
religious beliefs

WRAP is here to help

United Way
of Southwest Minnesota



Proud Community Partner

Domestic Violence is not about physical violence, it is about establishing **POWER & CONTROL** over the person you are/or have been in an relationship with. The following are tactics often used:

Intimidation

Making victim afraid by using looks, actions, and gestures. Smashing things. Destroying property. Abusing pets. Displaying weapons.

Isolation

Controlling what victim does, who they see and talk to, what they read, and where they go. Limiting outside involvement. Using jealousy to justify actions.

Emotional Abuse

Putting them down. Making the victim feel bad about themselves. Calling them names. Making victim think they are crazy. Playing mind games. Humiliating them. Making the victim feel guilty.

Economic Abuse

Preventing the victim from getting or keeping a job. Making them ask for money. Giving the victim an allowance. Taking their money. Not letting the victim know about or have access to family income.

Sexual Abuse

The victim is pressured or forced to participate in any sexual activity against their will.

Using the Children

Making the victim feel guilty about the children. Using the children to relay messages. Using visitation to harass the victim. Threatening to take the children away.

Coercion and Threats

Making and/or carrying out threats to do something to hurt the victim. Threatening to hurt the victim, commit suicide, or report them to welfare. Convincing them to contact the prosecuting attorney talk to them about dropping charges. Making the victim do illegal things.

Power/Privilege

Treating the victim like a servant. Making all the decisions. Acting like "master of the castle." Being the one to define relationship roles.

Physical Abuse

The victim is pushed, shoved, slapped, hit, punched or kicked, or objects are used as weapons against them.

Services Offered by WRAP

- ♥ **24-Hour Crisis Line:** Access to an Advocate, day or night, to discuss options or be a listening ear
- ♥ **Safe Housing:** Offer and discuss options for short and/or long-term emergency safe-housing
- ♥ **Emergency Transportation:** Provide access to transportation options to ensure safety and security
- ♥ **Legal & Court Advocacy:** Assist with the completion and filing of restraining orders, attend hearings with clients, inform clients about the court/legal process, act as a form of support, and help process the outcome of the hearing afterward
- ♥ **Safety Planning:** Assist with setting up a personalized, practical plan that includes ways to remain safe while in a relationship, planning to leave, or after
- ♥ **Information Referral:** Connect those with self-identifying needs to resources and support services to help them get through, over or under hurdles they are facing
- ♥ **Support Group:** Support groups are available to those who have experienced abusive relationships. This can be in a group setting or one-on-one
- ♥ **Community Education:** Raising awareness about domestic violence & support services available for individuals and their families
- ♥ **Systems Coordination:** Walking along side of individuals, helping them to navigate their way through resources/community resources and or the court/criminal justice process
- ♥ **Referral and Resources for those of Color:** Access to culturally specific resources



Our advocates are available to talk with anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship.